



**Bronchial**  
**Asthma**

# What is Asthma?

**Asthma is characterized by Paroxysms of Breathlessness, Chest tightness and Wheezing, resulting from narrowing of the airways by a combination of muscle spasms, mucosal swelling and viscid bronchial secretion. In early stages, it is reversible.**

# Clinical Features

- Bronchial asthma may be episodic or chronic. In episodic asthma, the patient has no respiratory symptoms between episodes.
- In chronic asthma, respiratory symptoms may be all the time unless controlled by appropriate therapy.

# Age of onset

**Asthma can occur at any age. This is to say that, it can occur in childhood (early onset) and adulthood (late onset).**

# Management

